



# WAGGONWAYS TO HEALTH FAMILY CHARITY RIDE

IN AID OF THE CHRIS LUCAS TRUST  
SATURDAY 21ST JUNE 2008

8 mile ride starting at 10am from Cobalt Business Park to Blyth Beach along the Waggonways of North Tyneside, a great opportunity to sample some of the recently transformed local cycle routes!

North Tyneside Council In partnership with: The Chris Lucas Trust (Charity): Cobalt Business Park: Sustrans

Main sponsors: Hillheads Farm - wholesale/retail farm shop and free pet corner (fruit for riders); Whiptail Cycles - (cycle advice); Northumbrian Water - (water for riders): Northumberland Council

Route - Cobalt - Holywell Village - The Avenue (Delaval Hall) to Blyth Beach with the option to ride back as part of a group to complete a 16-mile ride. Entry fee is £5 (all monies directly to Charity) All riders receive pack containing New North Tyneside, Northumberland and Newcastle cycle maps, T shirt and fruit and water.

You may wish to enter by yourself, with your family or indeed with work colleagues, either way please do take part and enjoy what the Waggonways has to offer and have a great day out.

(Under 16's accompanied by an adult at all times)

When you arrive at Blyth, Northumberland Council are providing information points. There will also be a free prize draw for 30 lucky entrants to win a cycle safety check, Road Safety Information Points and Refreshments.



APPLICATION  
FORM ON REVERSE  
PLEASE TAKE  
A COPY



THE  
CHRIS LUCAS TRUST



North Tyneside Council



**WAGGONWAYS TO HEALTH - FAMILY CHARITY CYCLE RIDE**  
**SATURDAY 21ST JUNE 2008**  
**SUPPORTING THE CHRIS LUCAS TRUST**

Name: .....

Address: .....

Telephone: .....

E-mail: .....

Please reserve my entry in the 2008 Waggonways to Health Charity Cycle Ride, Supporting the Chris Lucas Trust for **£5**.

Over 16 years of age?    Yes     No                       Please indicate T-shirt size:    L     M

(Applicant: Please enclose a large stamped addressed envelope for the return of registration and confirmation and relevant documents).

I enclose a cheque for the sum of £5 made payable to: Chris Lucas Trust

I do / do not wish to be kept on the Waggonways to Health Charity Cycle Ride database.

I do / do not wish to be updated periodically with event information.

1. I undertake to be bound by the Waggonways to Health Charity Cycle Ride event rules, which are available at [www.chrislucastrust.com](http://www.chrislucastrust.com)
2. I understand and accept that Chris Lucas Trust and North Tyneside Council cannot be held liable for any loss or damage to my property or personal injury to myself or any other party arising from participation in this Charity Cycle Ride .
3. I understand that I have a legal responsibility to ensure all sponsorship money, received by me are paid to Chris Lucas Trust before 31st August 2008.

Using Gift Aid you can make your donation /entry fee worth more. For every pound you give us we get an extra 28 pence from the Inland Revenue, helping your donation go further:

This means that £10 can be turned into £12.80. So just tick here

I want all donations I've made since 6 April 2000 and all donations in the future to be Gift Aid until I notify you otherwise.

To qualify for Gift Aid, what you pay in income tax or capital gains tax must at least equal the amount

Signed:	Print Name:	Date:

Where did you see the advertisement? .....

Please Return to: Chris Lucas Trust, 95,Lancaster Drive, Hadrian Park, Wallsend, North Tyneside, NE28 9TF

**Thank you for your co-operation, we look forward  
to seeing you at the event!**

For further information contact Lynn Lucas 0191 263 2884